

Elysian
WOMEN'S HEALTH
part of Montier
HEALTH

WEDNESDAY 23 JULY 2025

WOMEN & GIRLS FOOTY UPDATE

SPONSORED BY ELYSIAN WOMEN'S HEALTH

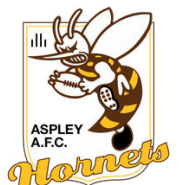


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- Byron NINES Women's Competition
- W&G Upcoming Events



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UPCOMING FIXTURES

QAFLW SENIORS

ROUND 14

BOND UNIVERSITY
4:45PM SAT JUL 26
BOND UNIVERSITY OVAL



ROUND 15

COORPAROO
2:00PM SAT AUG 2
AUTOMALL ASPLEY OVAL



QAFLW RESERVES

ROUND 14

BOND UNIVERSITY
6:45PM SAT JULY 26
BOND UNIVERSITY OVAL



ROUND 15

COORPAROO
12:00PM SAT AUG 2
AUTOMALL ASPLEY OVAL



U17 GIRLS DIV 2

ROUND 13

COORPAROO
7:45PM FRI JUL 25
GIFFIN PARK



ROUND 14

YERONGA
7:15PM FRI AUG 1
AUTOMALL ASPLEY OVAL



U15 GIRLS DIV 1

ROUND 13

COORPAROO
1:00PM SUN JUL 27
GIFFIN PARK



ROUND 14

SHERWOOD
12:30PM SUN AUG 3
AUTOMALL ASPLEY OVAL



U13 GIRLS DIV 2

ROUND 13

EVERTON
7:15PM FRI JUL 25
AUTOMALL ASPLEY OVAL



ROUND 14

BRIBIE ISLAND
7:00PM FRI AUG 1
BRIBIE ISLAND REC RESERVE



U11 GIRLS HIPWOOD

BYE

ROUND 11

FERNY GROVE
6:00PM FRI AUG 1
FERNY GROVE OVAL



U9 GIRLS BRITTAIN

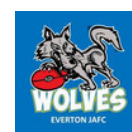
ROUND 10

ASPLEY WALLIS
6:00PM FRI AUG 1
AUTOMALL ASPLEY OVAL



ROUND 11

EVERTON
6:00PM FRI AUG 1
ENOGGERA MEMORIAL PARK



U9 GIRLS WALLIS

ROUND 10

ASPLEY WALLIS
6:00PM FRI AUG 1
AUTOMALL ASPLEY OVAL



ROUND 11

FERNY GROVE
6:00PM FRI AUG 1
FERNY GROVE OVAL



U8 GIRLS WALTERS

ROUND 10

SANDGATE
6:00PM FRI AUG 1
AUTOMALL ASPLEY OVAL



ROUND 11

NORTH LAKES
6:00PM FRI AUG 1
ST BENEDICTS CATHOLIC
PRIMARY SCHOOL



MASTERS WOMEN

BYE

ROUND 10

MOOROOKA
2:00PM SUN AUG 3
ALEXANDER PARK



ABOUT OUR SPONSOR



The Hornets are proud to welcome new Bronze Sponsor, Montier Health Aspley to the club and Elysian Women's Health (part of the Montier Health Group) at the Official Sponsor of Women's & Girls' Football at the Hornets!

At Montier Health, they believe there's no one-size-fits-all approach to healthcare. Their diverse and specialised network is designed to meet the unique needs of every individual, transforming healthcare in Australia for good. Elysian Women's Health was also created with this philosophy in mind – offering a dedicated, personalised service tailored specifically for women, at every stage of life.

Conveniently located in Aspley on Gympie Road, we're thrilled to have Montier Health and Elysian Women's Health join the Hornets family and support the ongoing growth of women's sport within our club and community!

W&G VOLUNTEER SHOUTOUT

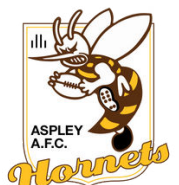
Carissa Jordan

Congratulations to our Volunteer of the Month, Carissa! Carissa wears many hats, from coaching to playing to managing, and is also the President of the Masters Committee. It also happens to be Women's Coaching Month! So we are so glad to see one of our women coaches get the spotlight!



Want to nominate a W&Gs Shoutout?

Please email football@aspleyhornets.com.au



W&G PLAYER ACHIEVEMENTS

QLD State Team - 15 years Under



Martha Brightwell

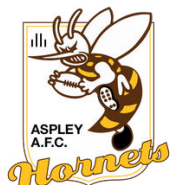
QAFLW Senior Debuts



*Round 12
Rachael Higgins*



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AFL QUEENSLAND NETWORKS

Women in Footy Network

The QLD Women in Footy Network is an initiative grown into the core of the AFLQ Women and Girls Strategic Plan. Developed with the aim of empowering and enabling women to create and nurture the culture that they want to see for current and future Women and Girls within their footy clubs and the broader football community.

Key goals for the network are to:

- Provide women with a platform to create valuable contacts within the footy community which can support them to step into decision making committee roles.
- Empower women to feel confident and safe entering into the coaching and umpiring spaces.
- Provide feedback and opinions on the current climate and culture of the game as it is being felt on the ground.

Join the Women in Footy Network: [HERE!](#)

Male Allies Network

The QLD Male Allies Network is a new initiative perfect for males in footy clubs and schools are leading the way as Male Champions of Change!

The network aims to create a supportive community where members can share experiences, strategies, and resources to foster the growth of the game.

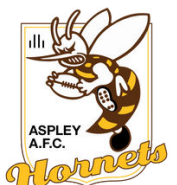
Who can join:

- *Coaches*: Male coaches at all levels who are committed to fostering a positive and inclusive environment for female players.
- *Administrators*: Male administrators who are working to create policies and programs that support the growth of women's and girls' football.
- *Advocates*: Men who are passionate about promoting gender equality in sports and are actively involved in initiatives that support women and girls in football.

Join the Male Allies Network: [HERE!](#)



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W&G COACHING

2025 Coaching Accreditation

Coaches are the core of the footy community. You don't need to be an expert to get involved! We encourage anyone interested in coaching to complete their 2025 Coaching Accreditation even if you are not in an official coaching role!

More information and link to complete: [HERE!](#)

AFLQ Coach Your Way | Kick & Coffee Session

This is a chance to talk all things footy, build your understanding of footy, language, develop practical coaching skills, and connect with female coaches who have experienced the coaching journey as they share insights, challenges and successes.

Brisbane Location

July 27th, August 31st, October 26th

9:30am-12pm

More information and link to register: [HERE!](#)

BYRON NINES WOMENS COMP

AFL Nines returns to Byron Bay with their first Women's Competition!

Footy, food trucks, marquee, and music!

Friday 24 and Saturday 25 October

9-15 players per team

Ages 18+

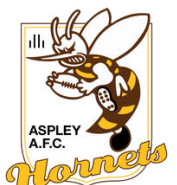
\$900 Entry per team

Byron Bay Cavanbah Centre - Sports & Cultural Complex

Register your team EOI: [HERE!](#)



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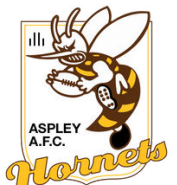
JUNIOR GIRLS CARNIVAL ROUND

Last Friday night the Under 8's and Under 9's teams participated in the Junior Carnival round. They played some wet weather footy and had a lot of fun. Well done girls! They also met some of the AFLW Brisbane Lions players. The players will be back kicking off the Girls Friday Night Footy at the club from 6pm 25th July!



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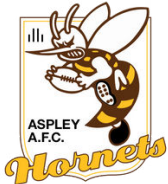
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JUNIOR GIRLS CARNIVAL ROUND



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UPCOMING EVENTS

Friday July 25th - Sunday July 27th: 2025 Pride Round Week 2

Sunday July 27th - Coach Your Way | Kick & Coffee Session

Saturday 26th July - 80's Trivia Night

Saturday July 27th - Coach your Way/Kick & Coffee Session

Saturday August 23rd - Junior Presentation

Saturday 13th September - Master's Team B&F

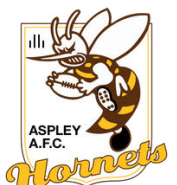
Sunday 14th September - Youth Presentation

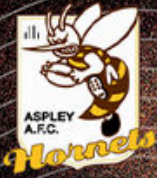
Date TBC - Under 17's Presentation

Saturday 11th October - Aspley Senior QAFLW B&F



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GIRLS

FRIDAY NIGHT FOOTY

25TH JULY | 1ST AUGUST | 8TH AUGUST



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