

Elysian
WOMEN'S HEALTH
part of Montier
HEALTH

WEDNESDAY 11 JUNE 2025

WOMEN & GIRLS FOOTY UPDATE

SPONSORED BY ELYSIAN WOMEN'S HEALTH

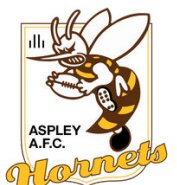


This Edition

- Upcoming Fixtures
- About Our Sponsor
- Volunteer Shoutout
- Player Achievements
- AFLQ Networks | Women in Footy and Male Allies
- Coaching
 - Aspley Hornets Coach Your Way Rookie Program
 - Coach Accreditation
 - Kick & Coffee Sessions
- Byron NINES Women's Competition
- U18 Brisbane Lions Academy
- W&G Upcoming Events



Elysian
WOMEN'S HEALTH
part of **Montier**
HEALTH



UPCOMING FIXTURES

QAFLW SENIORS

ROUND 9
COORPAROO
4:45PM SAT JUNE 14
GIFFIN PARK



ROUND 10
MORNINGSIDE
4:45PM SAT JUNE 21
AUTOMALL ASPLEY OVAL



QAFLW RESERVES

ROUND 9
COORPAROO
6:45PM SAT MAY 31
GIFFIN PARK



ROUND 10
MORNINGSIDE
6:45PM SAT JUNE 21
AUTOMALL ASPLEY OVAL



U17 GIRLS DIV 1

ROUND 8
REDLANDS-VICTORIA POINT
4:00PM SUN JUNE 15
AUTOMALL ASPLEY OVAL



ROUND 9
NORTH SHORE/CALOUNDRA
4:00PM SAT JUNE 22
CARTER PARK



U15 GIRLS DIV 2

ROUND 8
SANDGATE
10:30AM SUN JUNE 15
SANDGATE HAWKS AFC



ROUND 9
BURLEIGH
10:00AM SAT JUNE 22
AUTOMALL ASPLEY OVAL



U13 GIRLS DIV 2

ROUND 8
SANDGATE
9:00AM SUN JUNE 15
SANDGATE HAWKS AFC



ROUND 9
MORETON BAY
8:30AM SUN JUNE 22
AUTOMALL ASPLEY OVAL



U11 GIRLS HIPWOOD

ROUND 8
THE GAP
6:00PM FRI JUNE 13
FERNY GROVE DISTRICTS CRICKET



ROUND 9
WILSTON GRANGE
6:00PM FRI JUNE 20
HICKEY PARK



U9 GIRLS BRITTAIN

ROUND 8
MAYNE
6:00PM FRI JUNE 13
AUTOMALL ASPLEY OVAL



ROUND 9
ZILLMERE
6:15PM FRI JUNE 20
O'CALLAGHAN PARK



U9 GIRLS WALLIS

ROUND 8
MORETON BAY
6:00PM FRI JUNE 13
RED ROOSTER PARK



ROUND 9
NORTH LAKES
6:00PM FRI JUNE 20
AUTOMALL ASPLEY OVAL

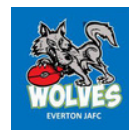


U8 GIRLS WALTERS

ROUND 8
WILSTON GRANGE
6:00PM FRI JUNE 13
AUTOMALL ASPLEY OVAL



ROUND 9
EVERTON
6:00PM FRI JUNE 20
ENOGGERA MEMORIAL PARK



MASTERS WOMEN

ROUND 7
FERNY GROVE
3:15PM SAT JUNE 21
SOUTH PINE SPORTS COMPLEX



ABOUT OUR SPONSOR



The Hornets are proud to welcome new Bronze Sponsor, Montier Health Aspley to the club and Elysian Women's Health (part of the Montier Health Group) as the Official Sponsor of Women's & Girls' Football at the Hornets!

At Montier Health, they believe there's no one-size-fits-all approach to healthcare. Their diverse and specialised network is designed to meet the unique needs of every individual, transforming healthcare in Australia for good. Elysian Women's Health was also created with this philosophy in mind – offering a dedicated, personalised service tailored specifically for women, at every stage of life.

Conveniently located in Aspley on Gympie Road, we're thrilled to have Montier Health and Elysian Women's Health join the Hornets family and support the ongoing growth of women's sport within our club and community!

W&G VOLUNTEER SHOUTOUT

**Harris Andrews Development Program
Girls Program - Development Coaches**

**Emma Pittman
Erin Davis-McGlone
Jasmine Kawa**

The Harris Andrews Development Program aims to assist aspirational and talented footballers within the Aspley Hornets Football Club to achieve their highest potential through a structured and professionally delivered program. Emma, Erin, and Jas have taken charge of running the girls program and deliver monthly sessions. Using their previous football and leadership experience the girls continue to grow our women's development program.



Want to nominate a W&Gs Shoutout?
Please email football@aspleyhornets.com.au



W&G PLAYER ACHIEVEMENTS

Milestone Games



Lucy Thompson: 100 Senior Games



Maddison Kawa: 50 Senior Games



Martha Brightwell: 100 Games



Lizzie O'Donnell: 50 Games

Zephee Te Kahu: 50 Games

QAFLW Senior Debuts



Round 7
Lataya de Pauw



Round 8
Niamh McCarthy & Monique Corrigan

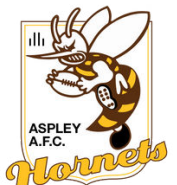
U18&U Met North Team



Nicola Jack & Sophie Canny



Elysian
WOMEN'S HEALTH
part of Montier
HEALTH



W&G PLAYER ACHIEVEMENTS

QLD Women's State Squad



Emma Pittman



Holly O'Flaherty



Jasmine Kawa



Jessica Stallard



Katie Day



Lucy Pengelly

QLD 15&U State Team



Martha Brightwell

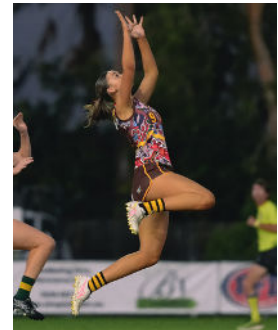
QLD U18 Girls Squad



Isabella McDonough



Niamh McCarthy



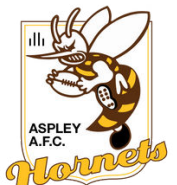
Nicola Jack

School Sport National Championships Umpire Squad



Elysian
WOMEN'S HEALTH

part of **Montier**
HEALTH



AFL QUEENSLAND NETWORKS

Women in Footy Network

The QLD Women in Footy Network is an initiative grown into the core of the AFLQ Women and Girls Strategic Plan. Developed with the aim of empowering and enabling women to create and nurture the culture that they want to see for current and future Women and Girls within their footy clubs and the broader football community.

Key goals for the network are to:

- Provide women with a platform to create valuable contacts within the footy community which can support them to step into decision making committee roles.
- Empower women to feel confident and safe entering into the coaching and umpiring spaces.
- Provide feedback and opinions on the current climate and culture of the game as it is being felt on the ground.

Join the Women in Footy Network: [HERE!](#)

Male Allies Network

The QLD Male Allies Network is a new initiative perfect for males in footy clubs and schools are leading the way as Male Champions of Change!

The network aims to create a supportive community where members can share experiences, strategies, and resources to foster the growth of the game.

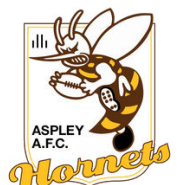
Who can join:

- *Coaches*: Male coaches at all levels who are committed to fostering a positive and inclusive environment for female players.
- *Administrators*: Male administrators who are working to create policies and programs that support the growth of women's and girls' football.
- *Advocates*: Men who are passionate about promoting gender equality in sports and are actively involved in initiatives that support women and girls in football.

Join the Male Allies Network: [HERE!](#)



Elysian
WOMEN'S HEALTH
part of **Montier**
HEALTH



W&G COACHING

AFLQ Coach Your Way Rookie Program

This program is all about arming women and girls with the knowledge, tools, and support needed to confidently step into coaching. All about coaching YOUR WAY, not about fitting the 'traditional coach'.

The Coach Your Way Rookie Program is exclusively available for women & girls looking to get their start in coaching. Women have so many wonderful attributes to offer in the coaching space and we can't wait to see what you bring to the role.

Monday 23 June at 6pm
Aspley Hornets Function Rooms

More information and link to register: [HERE!](#)

**WOMEN & GIRLS
COACH YOUR WAY!**

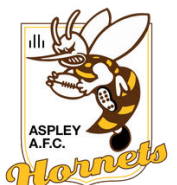
**GAIN THE KNOWLEDGE, TOOLS, AND SUPPORT
YOU NEED TO CONFIDENTLY STEP INTO COACHING**

**MONDAY 23 JUNE | 6PM-8PM
ASPLEY HORNETS FUNCTION ROOMS**

ESTABLISH YOUR OWN VISION AND PHILOSOPHY
GUIDE LEARNING TO BE A GREAT LEADER
SHAPE YOUR TEAM ENVIRONMENT
BUILD RELATIONSHIPS

Elysian
WOMEN'S HEALTH

part of **Montier**
HEALTH



W&G COACHING

2025 Coaching Accreditation

Coaches are the core of the footy community. You don't need to be an expert to get involved! We encourage anyone interested in coaching to complete their 2025 Coaching Accreditation even if you are not in an official coaching role!

More information and link to complete: [HERE!](#)

AFLQ Coach Your Way | Kick & Coffee Session

This is a chance to talk all things footy, build your understanding of footy, language, develop practical coaching skills, and connect with female coaches who have experienced the coaching journey as they share insights, challenges and successes.

Brisbane Location

July 27th, August 31st, October 26th

9:30am-12pm

More information and link to register: [HERE!](#)

BYRON NINES WOMENS COMP

AFL Nines returns to Byron Bay with their first Women's Competition!

Footy, food trucks, marquee, and music!

Friday 24 and Saturday 25 October

9-15 players per team

Ages 18+

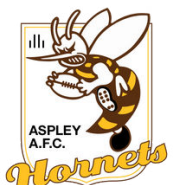
\$900 Entry per team

Byron Bay Cavanbah Centre - Sports & Cultural Complex

Register your team EOI: [HERE!](#)



Elysian
WOMEN'S HEALTH
part of Montier
HEALTH



U18 BRISBANE LIONS ACADEMY

Aspley Hornets players Isabella McDonough, Niamh McCarthy and Monique Corrigan were selected for the 2025 U18 Brisbane Lions Academy Girls team. The Level 3 Performance group begins with players invited to squad training, followed by squad selection for a series of games against other AFL Club Academies and VIC Coates Talent League teams.



The team went on several trips to Tasmania and Victoria, a camp on the Gold Coast, and finished the series with a win against the Gold Coast Suns Academy, who they had lost to earlier in the year. Even more notable Isabella was selected as the team's captain this year, and Niamh was awarded 'Most Improved Player' for the Academy series.



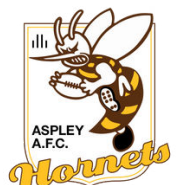
In recognition of their efforts, Isabella, Niamh, and Monique have all been named in the QLD U18 Girls Squad. If selected for the final team, the girls will compete at the 2025 Marsh AFL National Championships from 22 June to 10 August, the highest level of state and territory representative football, as part of the AFL's Talent Pathway Program.



Continuing the Aspley appearances in the U18 Brisbane Lions Academy was Team Manager Lauren Guy who is also our U15 Girls Team Manager, and Jasmine Kawa who assisted with coaching.



Elysian
WOMEN'S HEALTH
part of Montier
HEALTH



UMPCOMING EVENTS

Thursday May 29th: Queensland Women in Footy Event

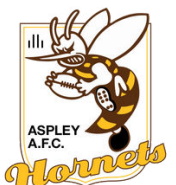
Monday June 23rd: Aspley Hornets Coach Your Way Rookie Program

Sunday July 27th: Coach Your Way | Kick & Coffee Session



Elysian
WOMEN'S HEALTH

part of **Montier**
HEALTH



JOIN THE U17 GIRLS!

TRAINING MONDAY & WEDNESDAY
5-6:30PM @ AUTOMALL ASPLEY OVAL

MAKE FRIENDS! | HAVE FUN! | PLAY FOOTY!
NEW & EXPERIENCED PLAYERS WELCOME



CONTACT LACHLAN SHERWOOD FOR MORE INFO
FOOTBALL.OPERATIONS@ASPLEYHORNETS.COM.AU



Elysian
WOMEN'S HEALTH

part of Montier
HEALTH

